# Gov 51: Hypothesis Tests for Sample Means

Matthew Blackwell

Harvard University

- Last time: hypothesis testing for a sample proportion.
  - Binary data  $\rightsquigarrow$  easy setting.
  - Distribution of samples just depends on population proportion.
- This time: hypothesis testing for means of any variable.

Conducted with several steps:

- 1. Specify your null and alternative hypotheses
- 2. Choose an appropriate **test statistic** and level of test  $\alpha$
- 3. Derive the **reference distribution** of the test statistic under the null.
- 4. Use this distribution to calculate the **p-value**.
- 5. Use p-value to decide whether to reject the null hypothesis or not
- This procedure is general, but we'll focus on tests of a single population mean today.

#### Test statistic

A **test statistic** is a function of data and possibly the null hypothesis used to adjudicate between the null and alternative hypotheses.

• Most common form for sample means is the *z*-statistic:

$$Z = \frac{\overline{X} - \mu}{\sigma / \sqrt{n}}$$

• Put differently:

$$Z = \frac{\text{observed - null guess}}{SE}$$

- How many SEs away from the null guess is the sample mean?
- Usually replace population SD  $\sigma$  with sample SD  $\hat{\sigma}$

#### Example: thermometer scores

- Social scientists often use **thermometer scores** to assess views toward groups.
  - 0-100 scale, where higher is "warmer" feeling toward group.
- You work at advocacy group who got a survey with FT scores for transgender people.
  - $\overline{X} = 52.3$  and SD  $\hat{\sigma} = 29.3$
  - Sample size, n = 912
- Co-worker Nully is weirdly insistent that these results are consistent with a population mean FT score of 50.
- Hypothesis tests to the rescue!

- Hypotheses:
  - $H_0: \mu = 50$ , population average is 50.
  - $H_1: \mu \neq 50$
- Test statistic:

$$Z_{\text{obs}} = \frac{\overline{X} - \mu}{\hat{\sigma}/\sqrt{n}} = \frac{52.3 - 50}{29.3/\sqrt{900}}$$
$$\approx -2.35$$

- Observed average is 2.35 SEs away from the null!
  - Exactly how unlikely is this?

## **Determining the reference distribution**

$$Z = \frac{\overline{X} - \mu}{\sigma / \sqrt{n}}$$

- What is the distribution of *Z*?
- With sample proportions, we relied on the binomial distribution.
  - Doesn't work if variable is non-binary (age, income, etc)
- Central limit theorem to the rescue! In large samples and under the null:
  - $\overline{X}$  is normal with mean  $\mu$  and standard deviation  $\sigma/\sqrt{n}$ .
  - Z will be standard normal (mean 0, SD 1)
- Large samples also justify using sample SD ( $\hat{\sigma}$ ) in place of population SD ( $\sigma$ ).

- Step 4: determine the p-value.
  - The **p-value** is the probability of observing a test statistic as extreme as  $Z_{obs}$ , if the null hypothesis is true.
  - + Smaller p-values  $\rightsquigarrow$  data less likely under the null  $\rightsquigarrow$  null less plausible
- How to calculate?
  - We know Z is distributed standard normal  $\rightsquigarrow$  use R!

### Standard normal probabilities in R

• The pnorm(x) function will give the probability of being less x in a standard normal:

pnorm(-2.35)

## [1] 0.00939



#### **One-sided vs. two-sided tests**



• two-sided p-value: 0.018

- Central limit theorem justifies the z-test we've been doing.
  - "Sums and means of random variables tend to be normally distributed as sample sizes get big."
- What if our sample sizes are low?
  - Distribution of  $\overline{X}$  will be unknown
  - $\rightsquigarrow$  can't determine p-values
  - ~> can't get z values for confidence intervals
- Very difficult to get around this problem without more information.

#### Solution to small samples?

- Common approach: assume data X<sub>i</sub> are **normally distributed** 
  - THIS IS AN ASSUMPTION, PROBABLY IS WRONG.
  - For instance, if  $X_i$  is binary, then it is very wrong.
- If true, then we can determine the distribution of the following test statistic:

$$T = rac{\overline{X} - \mu}{\widehat{\operatorname{SE}}} \sim t_{n-1}$$

- T follows a Student's t distribution with n-1 degrees of freedom.
  - Degrees of freedom determines the spread of the distribution.
  - Centered around 0
  - Similar to normal with fatter tails  $\rightsquigarrow$  higher likelihood of extreme events.

### Who was Student?



# Student's t distribution



# Student's t distribution



- z-tests are what we have seen: relies on the normal distribution.
  - Justified in large samples (roughly n>30) by CLT
- *t*-tests rely on the the t-distribution for calculating p-values.
  - Justified in small samples if data is normally distributed.
- Common practice is to use *t*-tests all the time because *t* is "conservative"
  - $\rightsquigarrow$  p-values will always be larger under *t*-test
  - $\rightsquigarrow$  always less likely to reject null under t
  - + t-distribution converges to standard normal as  $n 
    ightarrow \infty$
- R will almost always calculate p-values for you, so details of t-distribution aren't massively important.